

# WE PUSH THE LIMITS FOR YOU.

“My son was born with water in his lungs and was put into NICU on CPAP therapy. It gave me a huge appreciation for how a great product can have a profound impact on so many lives. When designing masks, I feel empowered to **push the limits** of the industry and set new benchmarks for performance and expectation.”

*Matt, Masks Product Development at Fisher & Paykel Healthcare*



Rest. Assured.

**References:** 1. Pelletier-Fleury, N., Rakotonanahary, D., & Fleury, B. Sleep Med, 2001. 2(3): 225-232. 2. Edmonds, J.C., et al. Heart Lung, 2015. 44(2): 100-106.

## About Fisher & Paykel Healthcare

Fisher & Paykel Healthcare has been making quality CPAP masks since 2001. Our masks are used by millions of patients around the world and are designed with the patient in mind. Our masks are carefully designed for comfort, effective sealing and ease of use.



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[www.fphcare.com](http://www.fphcare.com)

**Fisher & Paykel**  
HEALTHCARE

**F&P Simplus**

CPAP Mask

Choosing the right mask is important for successful CPAP therapy.



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One of the key reasons people cease the use of CPAP therapy is that they have difficulty adapting to their mask.<sup>1</sup> So when you're deciding which mask to use, you should consider some of the following questions:

#### When I sleep, do I breathe through my mouth or nose?

Masks are designed for either nose-breathers, or mouth-breathers. The diagram below illustrates the three types of CPAP masks.

#### Do I sleep on my back, side or front?

Some masks will be more comfortable than others depending on how you typically sleep. For instance, some masks have soft side arms on the headgear, while others have hard plastic.

#### Do I tend to feel claustrophobic when I have something covering my head or face?

Some people who are claustrophobic<sup>2</sup> may gravitate to a particular type of mask e.g. minimal.

#### Is my bed partner a light sleeper, or are they easily disturbed?

If they are a light sleeper, ask about how quiet or drafty the masks available are.

#### Do I move in bed much when I sleep?

Investigate which masks are more adaptable and stable as you move during the night.

#### Do I have sensitive or fragile skin?

If so, look for a mask which is comfortable and will not be in contact with the sensitive areas of your face.

## Introducing Fisher & Paykel Healthcare's latest full-face mask, the **F&P Simplus™**

ErgoForm™ headgear which **helps to keep the mask in place** as you move.



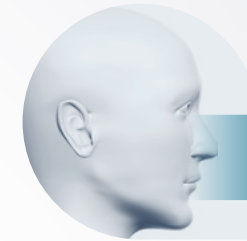
Headgear is made of a durable, soft fabric, **designed for comfort.**



Scan the QR code to learn more



For more information, look for F&P Simplus at [www.youtube.com/user/fphealthcare](http://www.youtube.com/user/fphealthcare)



FULL FACE



**Easy to clean and assemble back together** due to minimal parts in the Easy Frame



Soft silicone cushion, featuring RollFit™ Technology, **automatically adjusts** to the bridge of the nose.

